

THE REFUGE FOOD FOREST

Save Money | Utilize Community Resources | Diversify Your Diet



Presented by: University of Illinois Extension Educators

Camaya Wallace Bechard | Bill Davison | Jenna Smith

Consumer Economics | Local Foods & Small Farms | Nutrition & Wellness



Have you ever been to The Refuge Food Forest in Normal? Now is your chance! Join us and explore how to **save money**, **utilize community resources** & **diversify your diet** with simple jams, jellies, and sauces all from fruits you get right here! No cost to attend!

TUESDAY, AUG. 28 | 6-7PM
701 LINCOLN AVE. NORMAL, IL

RSVP ONLINE @ [GO.ILLINOIS.EDU/REGISTERLMW](https://go.illinois.edu/registerlmw)
BY AUGUST 27! QUESTIONS? GIVE US A CALL AT
(309)663-8306!

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If you need reasonable accommodation to participate in this program, please contact us.

Find out more by searching "The Refuge Food Forest"
Group on Facebook!